

Blessing Blocker List

Get in position to receive your miracle!

✓Doubt

Mark 11:23 – *“For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says.”*

Action Step: Fill up on the Word of God to build your faith and push the doubt out.

✓Fear/Anxiety

Mark 4:40 – *But He said to them, “Why are you so fearful? How is it that you have no faith?”*

Psalms 34:4 – *“I sought the Lord, and He heard me, and delivered me from all my fears.”*

Action Step: Seek God in prayer and build your faith with the Word.

✓Unbelief

Mark 11:24 – *“Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.”*

Mark 9:24 – *Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!”*

Action Step: Ask God to help your unbelief. Find scriptures on the topic you are struggling with and make the choice to believe God’s Word.

✓Spirit of Pride

James 4:6-7 – *“But He gives more grace. Therefore, He says: ‘God resists the proud, But gives grace to the humble.’ Therefore, submit to God. Resist the devil and he will flee from you.”*

Action Step: You have to do it God’s way. Ask God to show you what to do next and be willing to do whatever He directs you to do. (If

questioning if a direction is from God, be sure to look to the Bible for confirmation, as any instruction from God will agree with His Word.)

✓Not Knowing What the Bible Says

Hosea 4:6 – *“My people are destroyed for lack of knowledge.”*

Romans 10:17 – *“So then faith cometh by hearing, and hearing by the Word of God.”*

Action Step: Read God’s Word – You can get a devotional, meditate on scripture during the day, listen to scripture reading in the car or at home or write down scriptures that relate to an area of need. You need to know what God’s Word says in order to have faith for it. We access the promises of God through faith.

✓Not Doing What the Bible Says

James 1:25 – *“But he who looks into the perfect law of liberty and continues in it, and is not a forgetful hearer but a doer of the work, this one will be blessed in what he does.”*

Action Step: Read the Bible and always assess your life to see if it is in line with scripture. If it is not, ask God to help you make the necessary changes.

✓Not Following Biblical Instruction on Giving

Luke 6:38 – *“Give and it shall be given to you...”*

Malachi 3:10 – *“Bring all the tithes into the storehouse, that there may be food in My house, And try Me now in this,” says the Lord of hosts, “If I will not open for you the windows of heaven and pour out for you such blessing that there will not be room enough to receive it.”*

Action Step: Pray and ask God where and what to give, then follow through. Pray over your gift, and stand on God’s Word that it would be

(over)

multiplied back to you.

✓Lack of Patience

Hebrews 6:12 – "...imitate those who through faith and patience inherit the promises."

James 1:2-4 – "My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing."

Action Step: Ask God to strengthen you as you wait; recite the promises of God from scripture, knowing that the passage of time does not negate His Word.

✓Unforgiveness or Holding on to the Past

Matthew 6:12 – "And forgive us our debts, as we forgive our debtors."

Hebrews 12:15 – "looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;"

Action Step: Forgive those who have hurt you. Look to God for a better future. If struggling to forgive, look at Philippians 4:13 – "I can do all things through Christ who strengthens me."

✓Unhealthy Relationships

Proverbs 27:17 – "As iron sharpens iron, so a man sharpens the countenance of his friend."

1 Corinthians 15:33 – "Do not be deceived: "Evil company corrupts good habits."

Action Step: Invest in healthy relationships with others of like faith.

✓Sin

Proverbs 28:13 – "He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy."

1 John 1:9 – "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

Action Step: Repent of any sin, avoid environments that encourage sin and ask God for grace to overcome.

✓Negative Thinking

Proverbs 23:7 – "For as he thinks in his heart, so is he."

Romans 12:2 – "And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

Action Step: Read and think on God's Word and your mind will be renewed to God's way of thinking. Identify sources of negativity in your life and limit the negative influence.

✓Guilt/Condemnation

John 3:18 – "He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God."

Romans 8:1 – "There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit."

Action Step: Choose to believe God's Word, repent of any sin, receive Jesus as Lord and Savior. Believe you have received forgiveness after you have repented. When feelings of guilt or condemnation return, speak God's Word out loud and declare there is no condemnation for those who are in Christ Jesus!

This checklist is a starting point; we encourage you to get into God's Word and ask the Holy Spirit to guide and instruct you in eliminating any other areas that may still be hindering your blessings.

Your word is a lamp to my feet and a light to my path. PSALM 119:105